

# Our News



Templestowe Heights  
Primary School

9850 1796

News from Templestowe Heights Primary School

Newsletter Term 3 Week 2

31<sup>st</sup> July 2025

## *Templestowe Heights Primary School Values*

Persistence

Respect

Courage

Responsibility

"Inspiring learners for life"

**Athletic Carnival Wednesday 6<sup>th</sup> August**

**Year 3 to 6 (Tom Kelly Athletic Track)**

**Foundation to Year 2 (School Grounds)**

## PRINCIPAL'S REPORT

### 100 Days

Congratulations to all our Foundation students and teachers for making it to their first 100 days of school. There was a sea of grey-coloured hair, walking sticks and facial hair as our students and staff dressed up looking like 100-year olds! A big thank you to Emma Vogel, Clare Harding, Bek Avramidis, Jane Robinson and Steph Maxwell for nurturing our Foundation students as they have transitioned to school.



### Athletics Day

This coming Wednesday all students will be participating at our annual athletics day event. The year 3 to 6 event will be held at the Tom Kelly Athletics Track in Doncaster from 9.30am to 2.30pm and the Foundation to year 2 on our school grounds from 2pm. This is a day for all students to compete in athletic track and field events that has been carefully planned by our amazing PE teacher Jaime Buccilli. We are looking forward to seeing our students run, jump and throw whilst displaying their THPS House spirit. Student may come dressed up in their school house colours.

### Hoop Time

Congratulations to our year 3/4 Girls Hoop Time basketball team who made it through to the next round. Thanks to super coaches Matt Hanson and Adam Russell, plus Cecilia, Grace, Kit, Jasmine R, Jasmine T and Sophie.



**Rhys Coulson**  
Principal

# CALENDAR OF EVENTS 2025

## Term 3

Wednesday 6 <sup>th</sup> August	Foundation to Year 2 Athletics Carnival (school grounds) Year 3 to 6 Athletics Carnival (Tom Kelly athletics track)
Friday 8 <sup>th</sup> August	SCHOOL DISCO 6.30 – 8.00pm
Tuesday 12 <sup>th</sup> August	Year 2 Online Safety
Wednesday 13 <sup>th</sup> August	Semester 2 JSC/Environmental Leaders Photo Day
Friday 15 <sup>th</sup> August	Foundation Wildlife Incursion Year 3 & 4 Downball Tournament Whole School Assembly – 2.45pm – Gym - All Welcome
Tuesday 19 <sup>th</sup> August	Year 2 Manningham Excursion
Friday 22 <sup>nd</sup> August	Year 1 Melbourne Museum Excursion
Tuesday 2 <sup>nd</sup> September	District Athletics – Selected Students Only
Wednesday 3 <sup>rd</sup> September	SCHOOL PRODUCTION rehearsal and performance
Friday 5 <sup>th</sup> September	Whole School Assembly – 2.45 pm Gym – All welcome
Monday 8 <sup>th</sup> September	Year 3 to 6 Author visit ‘Nova Weetman’
Tuesday 9 <sup>th</sup> September	Foundation, Year 1 & Year 2 Author Visit ‘Lucinda Gifford’
Wednesday 10 <sup>th</sup> September	BOOK WEEK – Dress Up Day
Friday 19 <sup>th</sup> September	Term 3 Ends 2.30pm Dismissal
PUPIL FREE DAYS	
Monday 3 <sup>rd</sup> November	
2025 TERM DATES	
Term 3	Monday 21 <sup>st</sup> July to Friday 19 <sup>th</sup> September
Term 4	Monday 6 <sup>th</sup> October to Friday 19 <sup>th</sup> December

## THE LEARNING LENS SERIES

### Issue 2: Cognitive Load Theory – Why Less is Often More

[Click here](#) to read Issue 1

One of the most useful and well-researched ideas in education is Cognitive Load Theory. It helps us understand how the brain processes and stores new information. Learning is hard work. But it can be made harder if we unintentionally overload a student's brain.

Working memory is limited. It can only hold a small number of ideas at one time and if we overload it, learning simply can't happen. Too many instructions, distractions, or new ideas? It's like pouring water into an already full glass. There's nowhere for the learning to go.

That's why at THPS, we're really deliberate about how we structure lessons. Our teachers work hard to reduce unnecessary cognitive load, so students can actually focus on what matters. You'll see teachers:

- Keeping instructions short and clear
- Breaking tasks into manageable steps
- Using consistent routines and visual cues
- Creating calm, clutter-free environments during learning time

We're not simplifying the learning. We're just making sure the way we deliver it doesn't get in the way.

We know that when we manage cognitive load well, we protect working memory and that gives students the best possible chance of moving knowledge into their long-term memory (where the real learning happens).

Next week, we'll explore exactly how that transfer works and the science behind how we help students remember over time.

**Stephanie Dehghani**

**Assistant Principal**



## FROM THE OFFICE

### Payments

Year 2 Manningham Excursion - \$11 due Tuesday 12<sup>th</sup> August

Year 1 Melbourne Museum - \$20.50 due Friday 15<sup>th</sup> August

## PARKING AT ST MARKS CHURCH



St Marks Church kindly allows us to use their car park before and after school. Please be respectful to the St Marks Church community and only park there during drop off and pick up times and be mindful of students safety when parking.

## SECOND HAND UNIFORM SHOP



The second hand uniform shop is located near the school office and is available to browse most afternoon unless there are meetings in the room.

Official/logo items (jumpers, jackets, dresses, school bags etc) the price is \$5 per piece, and for non-logo items (shorts, skorts, track pants etc) the price is \$2 per piece.

If you have uniform items at home that you no longer require, you can donate them by bringing them to the front office. Please ensure they are clean and in good condition – would you buy the item in its current condition? Please note: we only accept t-shirts, jumpers and jackets with the school logo, not generic items.

## LIBRARY NEWS



Term 3 is always an exciting time in the library as we get ready to celebrate **Book Week**—a fantastic opportunity to promote the joy of reading and inspire students to engage with literature.

This year, **THPS will celebrate Book Week in Week 8**, with a range of fun and enriching activities planned. Students will enjoy a visit from a guest author/illustrator, take part in reading-related activities during their library sessions, and have the chance to enter competitions and challenges throughout the week.

Our **Book Week Dress-Up Day** will be held on **Wednesday, 10th September**. Students are encouraged to come dressed as a favourite book character or dress to match this year's theme: **"Book an Adventure"**. More information will be shared soon as Mrs. Bannister, Ms. McNabb, our Library Captains Chloe and Freddy, and the JSC begin planning the celebrations.

Finally, a friendly reminder to please return any **overdue library books** as soon as possible.

Thank you for your continued support in fostering a love of reading!

Susan Bannister

Teacher Librarian

## LUNCHTIME CLUBS

Monday Lunchtime	STEM Club Prep - 2	LEGO Club 3 - 6	Library Open
Tuesday Lunchtime	STEM Club 3 - 6	LEGO Club Prep - 2	
Wednesday Lunchtime		Garden Club	
Friday Lunchtime		Remote control Car Club	



## **ONLY ONE MORE WEEK TO SECURE YOUR TICKETS FOR THE MOST FUN-FILLED NIGHT OF THE YEAR!!**

The Disco is your kid's ticket to unforgettable, adrenaline-pumping, glow and the dark, dance-party magic. Grab your tickets now and don't miss out on the most fun-filled night of the year!

Friday the 8th of August 6:30-8pm

\$5 per child. All ticket sales via Try bookings

All the details are included in the following flyer.

Also, if you're keen for a boogie yourself and want to join in the fun as a volunteer, please let us know via [thpspaf@gmail.com](mailto:thpspaf@gmail.com). A WWCC is essential.

### **THPS Parents & Friends Community Facebook page**



Don't forget to join the THPS Parents & Friends closed Facebook group by scanning the QR Code or by searching for the THPS Parents & Friends Community group. The joining process includes a few simple questions to answer. The Facebook group is a great way to stay up to date with all that is happening socially at school.

### **Working With Children Check (WWCC)**

A WWCC can be applied for free of charge by scanning the QR Code or online at <https://wwwcv.auspost.com.au/>

A current WWCC is essential, and a copy will need to be supplied to the office

**Elisa and The P&F Team**





# DISCO NIGHT

**\$5**  
per ticket

**Friday 8th August**  
**6:30pm-8pm, in the gym.**

**It's time for the students to put on their dancing shoes, don their disco outfits and hit the dance floor!**

Each ticket is \$5.

Bring your disco moves!!

Our little rockers can have their face painted with Glow and the Dark Face Paint if they wish! (Non-tonic and washable of course).

Students must bring a named water bottle and to be signed in by an adult on arrival and signed out prior to departure.

No phones or glow sticks permitted.  
Disco is for THPS students only.



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Tickets can be paid for using the Trybooking QR code below or via the link.

<https://www.trybooking.com/DDCGS>

**Orders close at 11pm Thursday 7th August, and no ticket sales or payments can be accepted on the night.**

Please also disregard the automated tickets Trybooking generates and emails to you, as these tickets are not needed on the night.

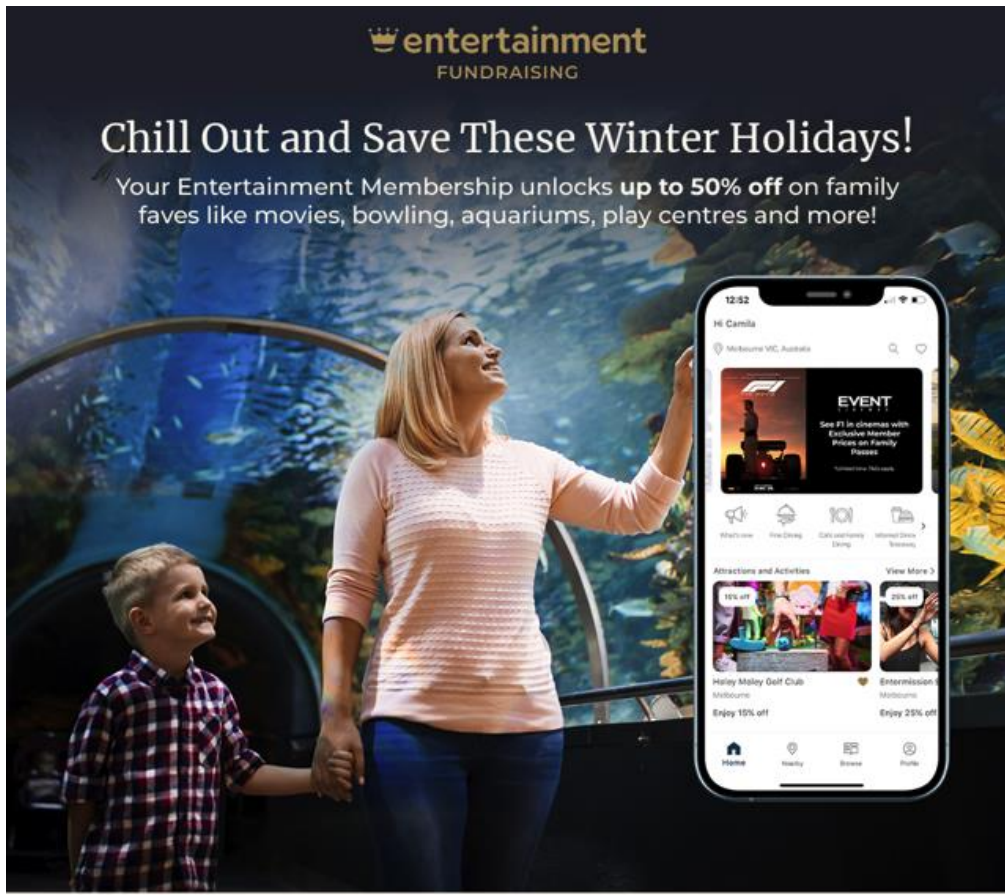


## COMMUNITY NEWS

**entertainment**  
FUNDRAISING

### Chill Out and Save These Winter Holidays!

Your Entertainment Membership unlocks **up to 50% off** on family faves like movies, bowling, aquariums, play centres and more!



**little cupcakes** **IMAX** MELBOURNE **TIME OUT** **EVENT** CINEMAS **O'BRIEN ICEHOUSE** **LORD OF THE FRIES** **ESCAPE HUNT** **STRIKE**



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